

ANNUAL REPORT 2019-2020



SWIMMING METRO NORTH EAST

This annual report of Swimming Metro North East Incorporated is an accurate representation of the Association's business in the swimming year 2019-2020.



OFFICERS AND OFFICIALS

Patron
Auditor
Public Officer

Chris Fydler OAM
Ian R England
Helen Collett

BOARD OF DIRECTORS

President
Vice President
Secretary
Treasurer
Competitions
Development
ATSC
General Members

Helen Collett
Sandra Van Kool
Amanda Vance
Julie Morgan
Ariel Darley
Alistair McElligott
Peter Shell
Cameron Gledhill
Dennis Gorrick
Judy Tier

SUBCOMMITTEES

Competitions

Development

ATSC

Michael Jacobs
Cameron Gledhill
Tim Lane
Cameron Gledhill
Anne Riley
Brett Patrick
Graeme Field
Judy Tier

LIFE MEMBERS

Judy Tier

OUR CLUBS

Club	SNSW Code
Abbotsleigh Swim Club	ABBT
Balmoral Swimmers Club	BSC
Brooke Withers Swim Club	BWS
Bush School LTS	BSLTS
Carlile Swim Team	CST
Ezyswim Swim Club	EZYS
Hunters Hill Swim Club	HUNH
Knox Pymble Swim Club	KNXP
Ku-ring-gai Swim Club	KURG
Lane Cove Swim Club	LCOV
Manly Amateur Swim Club	MNLY
Monte Swim Club	MNTE
Narrabeen Swim Club	NBSC
Northbridge Amateur Swim Club	NTHB
North Sydney Swim Club	NSYD
Ravenswood Swim Club	RAVN
Seahorses Swim Club	SHRS
Terrey Hills Swim Club	TYHS
Warringah Aquatic Swim Club	WRAQ
Willoughby Swim Club	WLBY

CONTENTS

AGENDA OF 11TH AGM	5
MINUTES OF PREVIOUS AGM	6
PRESIDENT'S REPORT	12
COMPETITIONS REPORT	14
DEVELOPMENT REPORT	15
ATSC REPORT	18
TREASURER'S REPORT	19
P&L AND BALANCE SHEET	22
TEAMS AND SQUADS	25
2019 SMNE RESULTS	30

AGENDA OF 11TH AGM

1. Welcome
2. Apologies
3. Confirmation of Minutes of 10th Annual General Meeting of SMNE Inc
4. Business arising from the minutes
5. Receipt and adoption of Annual Reports and Financial Statements
6. Notices of Motion: Notice of Motion have been distributed.
7. Election of Office Bearers

The following nominations had been received at the close of the nomination period.

POSITION	NAME	CLUB
PRESIDENT	Helen Collett	LCOV
VICE PRESIDENT	Cameron Gledhill	WASC
SECRETARY	Amanda Vance	WASC
TREASURER	Julie Morgan	LCOV
COMPETITIONS CONVENOR	Ariel Darley	WASC
DEVELOPMENT CONVENOR		
ATSC CO-ORDINATOR	Peter Shell	RAVN
INDIVIDUAL MEMBERS (3)	Alistair McElligott Sandra van Kool Brett Patrick Phil Gibson Graeme Field	LCOV MNLY CST KNXP KURG
LIFE MEMBER NOMINATIONS	Dennis Gorrick Graeme Field	

8. Selection of Standing Committees
9. Life Member Nominations
10. Appointment of Auditor
11. Appointment of Patron
12. General Business – no matters have been raised by the member Clubs
13. Closure

MINUTES OF PREVIOUS AGM

10th ANNUAL GENERAL MEETING SWIMMING METRO NORTH EAST INC

June 26, 2019

Carlile Swimming Killarney Heights, 14 Tralee Avenue, Killarney Heights

PRESENT

Club Delegates

Joanne Cox, Abbotsleigh, Matt Adair, Carlile, Bronwyn Hewish, Willoughby.

Visitors

Chris Fydler OAM, SNSW. Mark Heathcote, SNSW. Judy Tier, Sandra Van Kool, Ariel Darley, Amanda Vance, Cameron Gledhill, Graeme Field, Peter Shell, Brett Patrick, Anne Riley,

Apologies

David Beck, Dennis Gorrick, Michael Jacobs, Ben Ramsden, Julie Morgan, Mitch Falvey, Lisa Phillips, Toby Williams, Helen Collett, Tim Lane.

Welcome

The meeting was opened at 7.30 pm by SMNE President, Judy Tier, who welcomed everyone, especially members of the SNSW Board.

Minutes from 9th Annual General meeting.

The Minutes had been distributed previously to all club secretaries, delegates, SMNE committee members. No adjustments had been requested and there was no business arising from the minutes. Graeme noted he was in attendance. A Motion to accept minutes as read with an amendment to include Graeme Field as an attendee was moved by Graeme Field and seconded by Cameron Gledhill. **CARRIED.**

Presentation of 2019 Reports and Financial Statements

President, Competition, Development, Technical and Treasurers Reports

President's Report

Judy outlined another successful year for swimming and swimming development in our Area. She thanked the Committee and all volunteers for their time and effort in supporting that success. Judy highlighted the growth of the Area since inception and noted that although still one of the smallest Areas geographically, SMNE was one of the most successful:

It is amazing we are at our 10th AGM and it feels like it has gone so quickly. There were so many obstacles to getting the Area underway and so many detractors who

suggested SMNE would not succeed and would not be in the best interests of our swimmers. Since our first Competition shortly after inception, we have not looked back. We have been very lucky to have had Dennis Gorrick as the Competitions Convenor. Congratulations to our swimmers who competed in Speedo Sprints who once again took out the points score by a large margin. Special thanks need go to Ariel for taking on and succeeding in the roles of Meet Manager.

and Treasurer. David Beck is so full of energy and has brought great ideas to life and has been ably assisted by Cameron who has also brought new and fresh ideas to the key area of development, including the Swim League. Peter Shell has done an amazing job as our technical convenor and if we didn't have all the technical officials, we would not have been able to offer the amazing competitions we have. Peter has been ably assisted by Brett Patrick who has been integral to our success. Judy noted that it was her last year as President and was very thankful for all the help she has received.

From the floor, Judy was given some very heart-felt thanks for her dedication to SMNE over the last 9 years and for her contribution to Swimming Development and Competition in our Area and wider swimming community. Judy's invaluable assistance as a Referee was also acknowledged. Judy has contributed to the success of our Area in ways we can only applaud, and our past, current and future swimmers will forever benefit.

Competition Reports

On Dennis' behalf, Ariel summarised the busy and successful year undertaken at SMNE.

Ariel outlined the increase in participation in the Competitions in our Areas and the many events held by SMNE throughout the year.

From the floor, it was noted Dennis would be standing down as the Competitions Committee. Dennis' brought invaluable expertise to our Area when he joined the Committee many years ago and has continued to be an outstanding and invaluable member of our swimming community. We are all very thankful for his assistance and professionalism and acknowledge his exceptional contribution to SMNE, Swimming Development and Swimming Competition.

Development Report

On David's behalf Cameron provided a summary of the Development report. Coaches support was much appreciated. Current format for development is under review to ensure that SMNE is adding value to all our swimmers and clubs.

2019 is underway. Swim League was a successful and unique event we intend to repeat. The James Magnussen and Kurt Herzog events were very well received.

David expressed his thanks to all those that contributed to the success of Development within SMNE.

Technical Report

Peter thanked all those that volunteered throughout the year. SMNE will need to continue to work on securing volunteers and balancing the number of volunteers across Clubs. We need to continue to encourage officials who are progressing through the levels. Many thanks particularly to Brett and Ariel who have been great supporters.

Special thanks to John Hart who acted as mentor and assessor. His contribution was acknowledged, and much appreciated.

Treasurers Report

Accounts were presented to the auditor who returned the accounts as true and accurate. Query raised about the need to amend the constitution to ensure grants enabled.

A lot more swimmers entered evented than previous years so income from meets was higher than previous years.

Sound financial position.

Questions from the floor

Nil

Motion to accept the Annual Report and financial statements. Moved by Peter Shell; Seconded by Amanda Vance. **CARRIED.**

Notice of Motion

There were no Notices of Motion received by member clubs prior to the AGM.

Election of Office Bearers

The President stood down and Mark Heathcote, declared all positions vacant.

President

Mark advised no nominations had been received for the position of President. Nominations were called from the floor. Helen Collett was nominated as President by Ariel Darley and seconded by Judy Tier. No other nominations were received, and Helen was duly elected.

Vice President

No nominations had been received for the position of Vice President. Nominations were called from the floor. Sandra Van Kool nominated from the floor. Seconded by Peter Shell. No other nominations were received, and Sandra was duly elected.

Secretary

One nomination from Amanda Vance had been received for Secretary. As there were no other nominations, Amanda was duly elected.

Treasurer

No nominations – casual vacancy declared.

Competitions Secretary

One nomination from Ariel Darley had been received for Competitions Secretary. As there were no other nominations, Ariel Darley was duly elected.

Development Convenor

No nominations had been received for the position of Development Convenor. Nominations were called from the floor. No nominations – casual vacancy declared.

Area Technical Swimming Coordinator (ATSC)

No nominations had been received for the position of ATSC. Nominations were called from the floor. Peter Shell nominated, seconded by Judy Tier. As there were no other nominations, Peter was duly elected.

Individual members

Four nominations from Judy Tier, Anne Riley, Dennis Gorrick and Cameron Gledhill were received for the positions of Individual Members.

Nominating from the floor by Ariel Darley included: Mitch Falvey and Alistair McElligott and were seconded by Peter Shell.

All nominees were duly elected.

Election of Standing Committees

ATSC Committee (3 Members)

Three nominations from Brett Patrick, Graeme Field and Judy Tier had been received for these positions. As there were no other nomination, Brett and Judy were duly elected.

Competitions Committee (3 Members)

Two nomination from Michael Jacobs and Cameron Gledhill had been received for this committee. As there were no other nominations, Michael and Cameron were duly elected. Ariel Darley nominated Tim Lane from Warringah Aquatic. Tim was duly elected.

Development and Selection committee (3 members)

One nomination from Cameron Gledhill from Abbotsleigh had been received for these positions. Cameron was duly elected. Nominations were called from the floor. Anne Riley nominated and seconded by Peter Shell. Anne was duly elected.

Club Affiliation and Meet Entry Fees

It was proposed that area affiliation fees would remain at \$25 per club and meet entry fees would be \$7.50 per entry other than distance meets which would cost \$10 per entry and \$15 for each relay entry. This motion was proposed by Judy Tier on behalf of the Committee and seconded by Cameron Gledhill.

There was a preliminary discussion concerning possible alteration to the entry fees, however, given the Committee has already determined and put forward the proposal the matter was referred to the Committee for further discussion.

The motion was **CARRIED**.

Appointment of Auditor

Mr Ian England, honorary auditor, will be asked to be our auditor again for the 2019-2020 year. Moved by Ariel Darley; seconded by Graeme Field. **CARRIED.**

Appointment of Patron

Chris Fydler OAM confirmed that he will remain as Patron of SMNE for the coming year. Chris Fydler nominated for the position. Moved by Bronwyn Hewish; seconded by Judy Tier. **CARRIED.**

Message from Chris Fydler OAM, President SNSW

It is a thrill to be in the role of President of SNSW. Congratulations to SMNE. Judy has done an amazing job to drive the culture and success. Judy and I worked together from Club to SMNE and she has been a great person to work with.

SNSW has delivered sound financial management. Focused to continue to improve clarity of pathways for performance. We have delivered a high-performance squad in this region and we hope to see kids move into that squad. This is the third high performance squad (also at Homebush and Canberra). Our goal to make the pathways clear.

Hoping that Kate and Bronte Campbell will inspire our female athletes.

SNSW will be a sponsor of Swim League this year to ensure its success as it is a great initiative and brings fun back into the sport. Not as serious. Reminds me that it is about fun and not just all about times.

There is a new CEO of Swimming Australia. A challenging role but we are already seeing positive changes.

There is a focus on grassroots and participation. Unfortunately, Optus has withdrawn sponsorship which will impact the Jnr Dolphins program, SAL are currently looking for a replacement to start in the not too distant future.

Kieran Perkins has now joined the Board which will be a positive development. John Bertram is in his final year of being President so the next big challenge is to find a replacement for John so we can ensure ongoing success for what John has put in place.

SNSW AGM – several changes to the constitution have been proposed including that SNSW appoint not just elect Directors.

Feeling very positive about where things are moving with the sport.

Mark Heathcote

Swim Central update – some challenges but more flexible and certainly positive about the development of the product.

General Business

Nil.

The meeting closed at 8.45 pm.

PRESIDENT'S REPORT

It is with pleasure that I present my first President's Report after a successful year on many fronts for the SMNE Area.

2019-20 has been another fantastic swimming season. SMNE conducted 5 meets that provided a valuable platform for State and National competitors as well delivering the experience of competitive swimming to our newest members in a less intimidating atmosphere. Our events (Short Course, Long Course, Long Distance Champs and Speedo Sprint) this season attracted 9,500 entries. It was certainly great to see so many swimmers in the water doing what they love.

Congratulations to all competitors, whether it was PBs, qualifying times or records – the standard of competition was its usual high level. Special thanks to our Meet Director, Ariel Darley, and all the volunteers for their time.

Many thanks to our wonderful team of technical officials under the leadership of Peter Shell. Without this group of dedicated people, we would not be able to host our terrific swimming events. We know your assistance is not only given to our Area but also to the State and National events.

The Area's total membership stands at 19 Clubs with 2,378 members representing 8% of swimmers in NSW.

On the State and National scene, the Area continues to be well supported with many swimmers having opportunities in the pool. Our swimmers took away a whopping 35% of the State medals in 2019, both across Junior and Senior State long course and short course championships. Well done also to our junior swimmers who were the overall points score winners at this year's NSW Speedo Sprint Finals proving once again that SMNE is the NSW premier Area for the 4th consecutive year.

At the Australian Age Championships, we had 2 Clubs finish in the top 10 (Knox Pymble 5th and Carlisle 9th). At the Australian Open Championships, Knox Pymble finished 7th and Ravenswood 11th overall. Congratulations to these Clubs on their fantastic results.

We also had numerous swimmers who competed as state and national representatives at various prestigious events. Please refer to the Teams and Squads table in the annual report. Needless to say, these swimmers are representing us at the highest level in our sport and deserve a special mention.

The high calibre swimmers bring unique challenges in designing engaging development activities for those that may already have a full calendar of swimming throughout the year.

James Magnussen clinics were a huge success with positive feedback from swimmers, coaches and parents. SMNE increased its investment in development activities this season, spending over \$22,000 to support the changes in this vital area. We plan to engage James and Kurt's assistance to developing the core part of our program next year. Thank you to David Beck and Alistair McElligott for their efforts in directing our Area's development program to success.

SMNE has undertaken a refresh of its image as first steps in reaching further into our local community to growing our swimming numbers. This was prompted also by the need to update our website with the rollout of Swim Central. A massive effort has gone into the design of new championship medals which proved to be extremely popular, new shirts for our technical officials and new shirts for our various squads, to increase the sense of belonging and pride in the SMNE Area.

SMNE is financially sound, with a cash level of \$125,681. The year closed with a net loss of \$21,660. This was mainly due to SMNE's planned investment in the development program which itself made a loss of \$25,546. I would like to thank our treasurer, Julie Morgan, for all her work with the finances.

I would like to thank the Committee: Sandra, Amanda, Julie, Ariel, Alistair, Peter, Brett, Cameron, Anne, Judy, Dennis, Graeme and Mitch for their time, energy and enthusiasm throughout the year. Thanks also to the team at Swimming NSW who assists us in many ways – you all make our jobs much easier.

Last but not least, my thanks to the dedication of our coaches and the hard work of our swimmers. We will continue to keep up our end of the bargain by providing you with the stepping stone to your continued success in swimming.

This coming year brings unique challenges as we manoeuvre carefully through the COVID-19 pandemic and the swimming industry reopens after an unprecedented 3 months of shutdown. Our association must be even more proactive in providing opportunities for all swimmers and their coaches.

The future is full of opportunities. We will greet the brand new 50m pool opening in Lane Cove this October which will provide even more options to host events and development activities in the Area. North Sydney pool will begin its renovation and when completed, will be another premium facility in our Area.

I hope everyone safely returns to swimming, and I look forward to a great year ahead for SMNE and our magnificent sport.

Helen Collett
President

COMPETITIONS REPORT

Our first meet for this reporting year was the Winter SC Distance Meet held at PLC on 8th May 2019. There were 222 athletes with 400 entries, slightly lower than the previous year due to a major event at PLC causing us to cut the meet short to enable a finish by 12 noon. Winter Championships were held at SOPAC on 15th and 16th June 2019. There were 594 swimmers with 2974 entries including relays held over the two days, 200 more entries than the previous year.

We conducted our LC Distance Championship events at Pymble Ladies College Aquatic Centre on 27th October, which attracted 253 swimmers and 459 entries (equivalent to the previous year).

The SMNE Summer Championships were held at SOPAC on 9th & 10th November 2019. There were 443 swimmers with 2135 entries and 93 hotly contested relays (relay limitations were removed) competing over the two days. These numbers are lower than the previous years due to the tighter qualifying times thus reducing the running time of the event.

We held the ever popular Speedo Sprint Series Heats on 1st February 2020 at SOPAC as this meet has now become too big to be held at PLC. There was a record number of entries and swimmers this year with 484 swimmers with 2093 entries. Unfortunately, the Speedo Sprint Finals clashed with a major Surf carnival on 29th February so our top 30 or so swimmers were not available to attend the Finals. Nevertheless, we sent a team of 108 athletes to compete in 192 entries. Sporting new t-shirts and swim caps, our 13/U team wowed the crowd with 38 podium finishes plus 63 top 10s, numerous PBs, State and National times to top off the exciting day with an overall win in the point scores taking out NSW Premier Area for the 4th consecutive year!

Unfortunately, COVID lockdowns brought a halt to training and every competition from mid March 2020 with the closure of pools for close to 3 months.

At the time of writing this report, the short course competitions for 2020 have been cancelled and the next competitions will begin in October 2020.

Ariel Darley
Competitions Convenor

DEVELOPMENT REPORT

In 2019, SMNE ran 5 Development squads:

National A's	Stroke clinics focusing on expert skills for elite swimmers
Senior Target squad	Clinics and a competition, targeting PBs for qualification
Junior Target squad	Clinics and a competition, targeting PBs at NSW State Age, or qualifying times for the 2018 National Age Championships.
Achievers squad	Clinics and a SNSW competition for Achievers Squad swimmers from across NSW
Junior Establishment squad	Swimmers aged 7-10 who would like to compete in the next SMNE Area Championships, even if they have done so already

Squads and Cost to swimmers

The 2019 squads, numbers and the costs to the swimmers were:

Squad	Swimmers	Cost
National Performance Squad - A	19	\$50 reduced from 2018
Senior Area - B	17	\$50 reduced from 2018
Junior Area - C	55	\$50 reduced from 2018
Achievers - D	56	\$50
Establishment - E	14	\$15
TOTAL	161	

Biggest changes from previous years

A and B squad participate in 2 shorter morning clinics. This follows from the success of the National Performance Squad model last year. One of these clinics was a Swimming Faster Freestyle clinic by James Magnussen

C and D squad clinics were run by James Magnussen and Kurt Herzog. The subject: Swimming Faster Freestyle. More info follows below.

A, B and C squad swimmers were eligible to compete in the Swim League and SMNE facilitated the heats by hiring the pool for the day. A number of four swimmers participated.

Swimming Faster Freestyle Clinics

3x Swimming Faster clinics were run by James & Kurt this year. MNEs A+B, C and D swimmers participated. The intent was to teach the swimmers how to swim faster through the introduction of high-level skills and drills learnt at the elite level. The focus was on freestyle.

All MNE coaches were invited to observe and a number attended. Larissa Bytchenkov, Rafael Rodrigues and Jane Simmons assisted with the D squad clinic.

The feedback from swimmers, coaches and parents was that the clinics were excellent. I highly commend them as a development squad activity, and we will use them as a core part of our program next year.

Swim League

- This year SMNE trialled participation in the swim league as a development activity:
- SMNE National, Senior Area and Junior Area Squad swimmers were encouraged to participate.
- The swimmers signed up separately from the Development squads via the Swim League website.
- SMNE sponsored the first Swim league day in our area by hiring the pool
- Swimmers paid \$35 for participation to cover Merchandise and the cost of the competition. This was payable to the Swim League and was via their website. SMNE did not receive any of these funds

SNSW Swim meets

SMNE attended the C squad swim meet. We did not attend the A or B squad meets due to a lack of interest from swimmers at these meets and similar meets in past years.

Coach Payments

This year SMS paid our coaches for assistance with A, B and E squads for clinic days.

Pool hire

SMNE hired the Pymble Ladies College pool for Development squad activities for 6x ~half days at the market rate.

Dates, Selection criteria and activities

Squad	Ages	Selection Criteria	Activities (TBC)	Dates (TBC)
A - National Performance Squad	12 to 17	<p>Able-bodied swimmers who competed at the 2019 Australian Age Championships in an <u>individual event</u> but did not swim in a Final or who have a Nationals Qualifying team and will compete this year or next</p> <p>Open Water Swimmers that competed in an individual event at the 2019 Australian Age Open Water Championships and are not selected in a SNSW State Squad.</p>	<p>2 x morning training sessions over the year focusing on 'finding an extra second'.</p> <p>1 of these clinics was coached by James Magnussen and Kurt Herzog</p> <p><u>+Eligible for Swim League</u></p>	<p>Sun 9 Jun</p> <p>Sun 28 Jul</p> <p>+Willoughby Championships</p>
B - Senior Area Representative Squad	13 to 18	<p>Able-bodied and Multi class swimmers who competed at the 2018/19 State Age or Metropolitan Championships in an <u>individual event</u> or who qualified but did not compete</p> <p>Open water swimmers who competed in an <u>individual event</u> at the 2018 SNSW State Open Water Championships or who qualified but did not compete</p>	<p>2 x morning training sessions over the year focusing on 'finding an extra second'</p> <p>1 of these clinics was coached by James Magnussen and Kurt Herzog</p> <p><u>+Eligible for Swim League</u></p> <p>+ Compete at the SNSW Senior Area Representative Meet (date TBC) or an alternative</p>	<p>Sun 9 Jun</p> <p>Sun 28 Jul</p> <p>+Willoughby Championships</p>
C - Junior Area Performance Squad	10 to 12	<p>Able-bodied or multi class swimmers that competed in an <u>individual event</u> at the:</p> <p>2018/19 SNSW State Age Championships (long Course) or;</p> <p>2018/19 SNSW Metropolitan Championships (long course) or</p> <p>who qualified but did not compete</p>	<p>A training clinic with James Magnussen and Kurt Herzog</p> <p>+ Compete at the SNSW Junior Area Representative Meet (location and date to be advised) or an alternative</p> <p><u>+Eligible for Swim League</u></p>	<p>26 May morning (3hrs) SNSW</p> <p>SNSW C Squad Meet</p>
D - Achievers Squad	8 to 12	Any swimmers who are aiming to swim in the next Area championships or Speedo Sprints but have not qualified for state	A training clinic with James Magnussen and Kurt Herzog	15-Sep
E - Establishment Squad	7 to 9	Swimmers who have not swum at a meet before	A training morning, covering starts, finishes, marshalling and everything you need to know for your first meet. There will be a Q and A session for parents who are new to the sport	18-Aug

ATSC REPORT

Firstly, I would like to thank everyone who has contributed to running our meets this year. It has been challenging at times to attract enough officials but thanks mainly to a core group, all meets were successfully officiated.

Much more work needs to be done to encourage all clubs to promote officiating and encourage parents to become officials. There is a dependence on only a few clubs in the area to provide officials. This will need to change if we are to continue to keep up the standard of officiating and to continue to successfully run meets with experienced officials.

Over 20 official assessments were done last year, including a number of JOS, IOT and L1 Starters. We also have a number of people on their way to achieving Most importantly Olivia Gauci passed and completed her L1 Referees accreditation. Congratulations to Olivia.

These numbers are down on last year but given the current situation not entirely unexpected. Once the meets start again, we will need to encourage more parents to get involved and help out.

There are a small number of officials that are progressing through the L2 and L3 Referee and Starter Pathways. These should be encouraged as they will bring a wealth of experience to the area.

Would especially like to thank Brett Patrick for all his help in getting the rosters organized and keeping the committee focused and running. And of course, it would be very remiss not to thank Ariel Darley for her dedication and support as our Meet Director.

Peter Shell
ATCS Co-Ordinator



TREASURER'S REPORT

The Financial Accounts for 2019/20 accounts are with the Auditor.

The 2019/20 accounts show an income of \$69,239 (2018/19: \$96,907) and a net loss of \$21,660 (2018/19 Profit \$32,049).

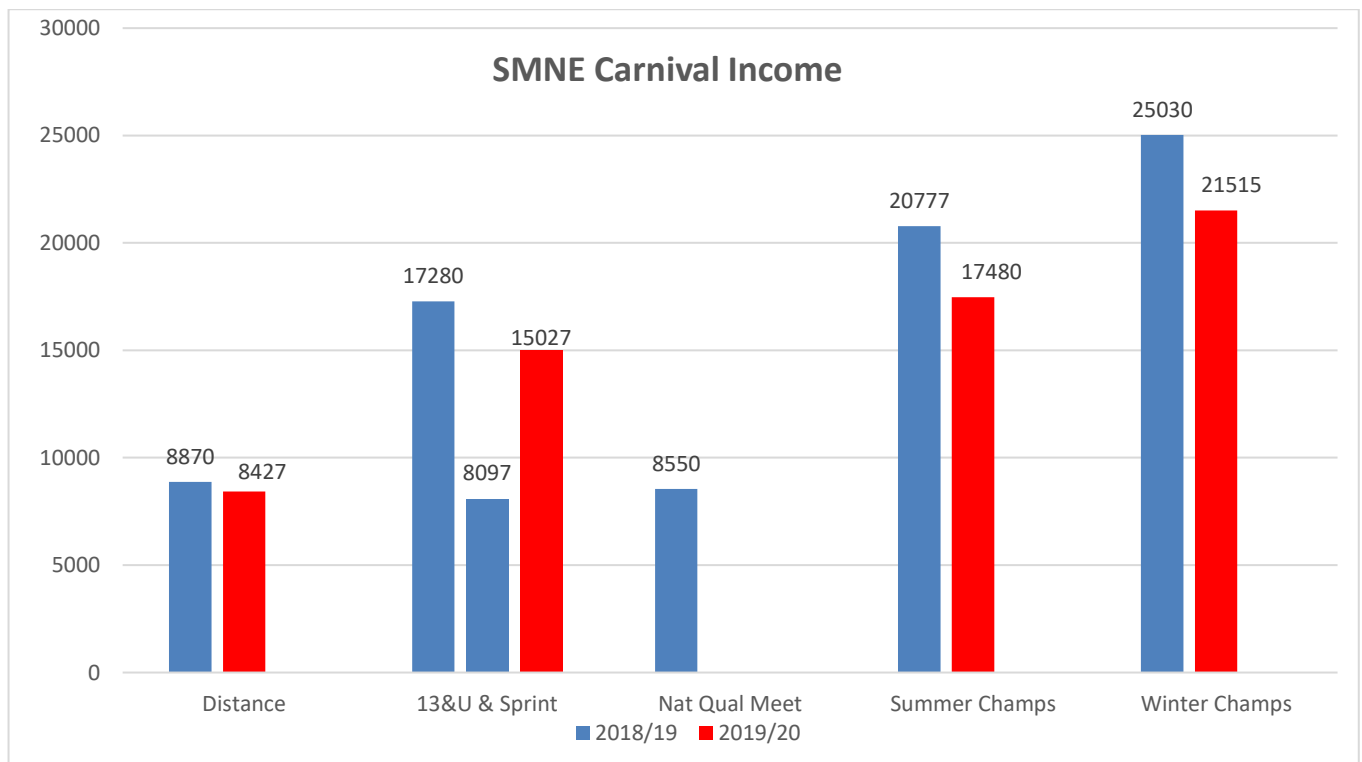
Cash and Cash Equivalents are \$125,681 (2018/19 \$151,803). The bank accounts are all at Westpac or PayPal. All account signatories have been updated to reflect the change on the committee.

Revenue

Affiliation Membership - Paid by all 18 clubs within our region (\$450)

Carnival Income was \$60,352. (2018/19 \$87,088). The major differences were:

- SMNE did not hold a National Qualifying Meet in March 2020, this reduced the income by \$8,550
- The October 13 & Under event was not held separately in 2019/20. It was combined with the February 2020 Speedo Sprints, reducing the revenue by \$10,350
- The remaining difference is made up from the lower race entries from Summer and Winter Champs, plus a smaller income from the development camps.



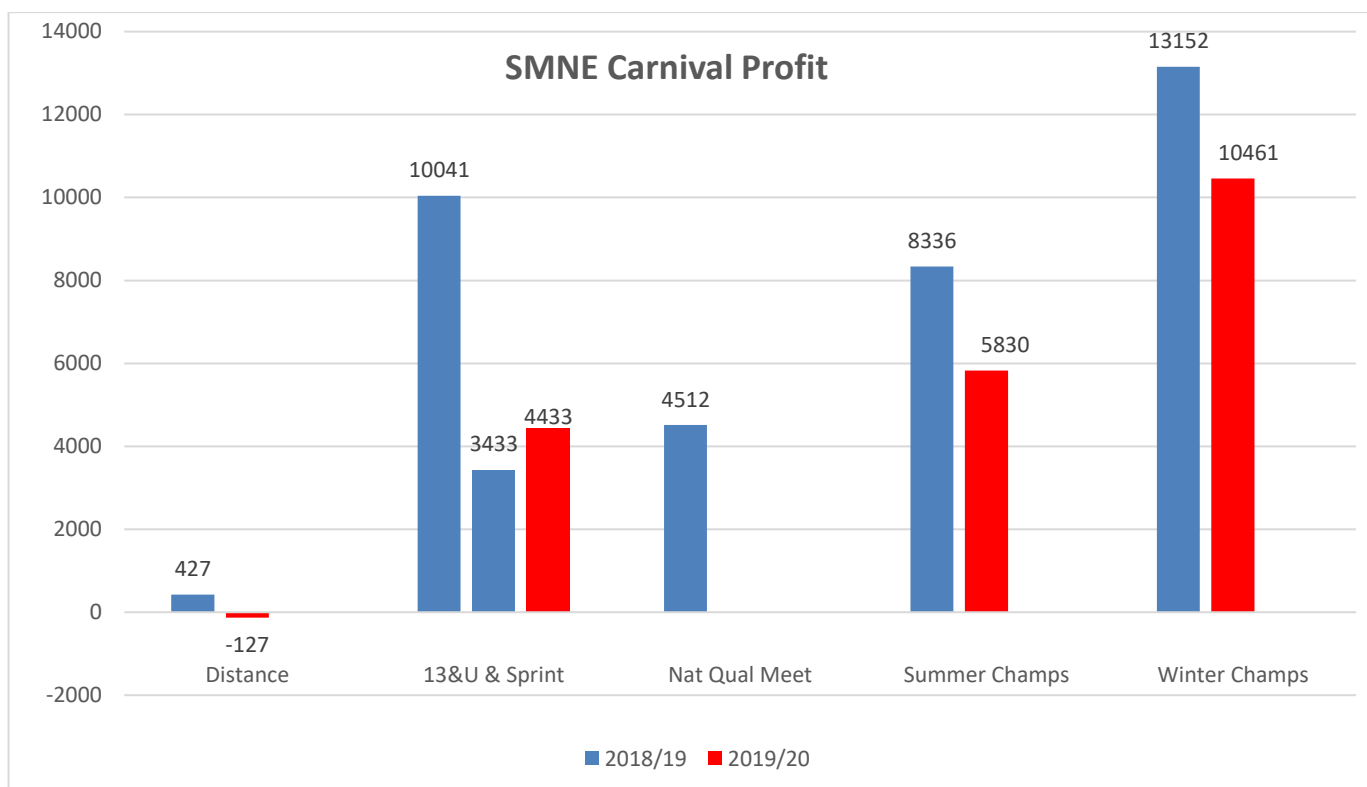
Cost of Sales Expenses

Cost of Sales Expenses relate to the expenses required to provide race meets e.g. catering and supplies, pool hire, printing and stationery, trophies etc. The expenses are \$5,512 lower in 2019/20 as SMNE held 2 fewer meets and therefore had 2 fewer pool hire costs.

	18/19	19/20
Catering and Supplies	2,466	3,455
Pool Hire	39,826	33,029
Printing	572	177
Trophies, Prizes, Ribbons	4,374	4,035
Other Costs	125	1,155
Total Carnival Expenses	47,363	41,851

Gross Profit

The Gross Profit for each Meet is shown below:



Development Income and Expenses

SMNE Development held a number of development camps throughout the year for all our member club's swimmers, plus a development meet for eligible swimmers.

	18/19	19/20
Development Participation Fees	8,819	7,273
SMNE Clothing	(2,616)	(9,417)
Coaches & Speakers	(2,400)	(10,620)
Venue Hire	(9,800)	(12,780)
Development Cost	<u>(5,997)</u>	<u>(25,546)</u>

During 2019, Swimmer SMNE T shirts and swim caps were refreshed with a new design. As a result, all swimmers invited to the development camps were given a new t-shirt and cap. Coaches costs have increased as SMNE ran programs with James Magnussen and Kurt Herzog. These costs are significantly higher than using SMNE coaches. However, SMNE swimmers enjoyed this experience and consequently SMNE expects a larger involvement of swimmers in 2020/21 development program.

Operating Expenses

Operating expenses were \$16,229 compared to 2018/19 \$2,680. At the beginning of 2019 SMNE bought a number of backstroke ledges at a cost of \$9,777. Member clubs were able to claim 2 free ledges for their local swimming clubs, as well as buy additional ledges from the SMNE. Technical officials received an upgraded uniform in 2019/20 at a cost of \$2,567.

Balance Sheet

Cash and Cash Equivalents

Cash and Cash Equivalents are \$125,681 (2018/19 \$151,803). The bank accounts are all at Westpac or PayPal. \$100,000 was moved from the day-to-day transaction account to an on-line easy access savings account to attract higher interest.

Inventory

Inventory consists of SMNE T-shirts, SMNE swim caps and Technical Official polo shirts (\$6,948). These are held in secure locations and were counted at the year end. They are valued at current cost.

Fixed Assts

The fixed assets relate to a computer purchased for the Meet Director in March 2018. It is being depreciated over 3 years.

Julie Morgan
Treasurer

P&L AND BALANCE SHEET

Profit and Loss

Swimming Metro North East Incorporated
For the year ended 31 March 2020

	2020	2019
Trading Income		
Affiliation Fees received	450	450
Carnival Income - Program sales, gate, raffle	-	243
Carnival Income - Race Entries	60,352	87,088
Development Income - Entries	7,273	8,819
Interest Income	186	132
Merchandise Sales	978	175
Total Trading Income	69,239	96,907
Cost of Sales		
Carnival Expenses - Catering & Supplies	3,455	2,466
Carnival Expenses - Merchandise, stock	835	-
Carnival Expenses - Pool Hire	33,030	39,826
Carnival Expenses - Printing	177	572
Carnival Expenses - Miscellaneous Costs	320	124
Carnival Expenses - Trophies, Prizes, Ribbons	4,036	4,374
Dev Squad Expenses - Clothing & caps	9,417	2,616
Dev Squad Expenses - Coaches & Speakers	10,620	2,400
Dev Squad Expenses - Entry fees, venue hire	12,780	9,801
Total Cost of Sales	74,670	62,177
Gross Profit	(5,431)	34,730
Operating Expenses		
Affiliation Fees	406	209
Assessments/Training - Tech Officials	263	-
Clothing - Tech Officials	2,568	-
Consulting/Accounting/Photography	-	500
Depreciation	316	-
Equipment (minor purchases)	9,777	-
General Expenses	1,407	-
Legal expenses	46	494
Printing & Stationery	149	-
Subscriptions	450	1,053
Telephone & Internet	848	424
Total Operating Expenses	16,229	2,680
Net Profit	(21,660)	32,049

Balance Sheet

Swimming Metro North East Incorporated As at 31 March 2020

	31 MAR 2020	31 MAR 2019
Assets		
Bank		
SMNE High Int Savings	100,064	-
SMNE Incorporated W	18,032	151,728
SMNE PayPal	7,585	75
Total Bank	125,681	151,803
Current Assets		
SMNE Inventory	6,948	5,725
Total Current Assets	6,948	5,725
Fixed Assets		
Computer Equipment	947	947
Less Accumulated Depreciation on Computer Equipment	(316)	-
Total Fixed Assets	631	947
Total Assets	133,261	158,475
Liabilities		
Current Liabilities		
Accounts Payable	46	-
Rounding	-	-
Sundry Creditors	100	3,700
Total Current Liabilities	146	3,700
Total Liabilities	146	3,700
Net Assets	133,115	154,775
Equity		
Current Year Earnings	(21,660)	32,049
Retained Earnings	154,775	122,725
Total Equity	133,115	154,775

21 Heeley Street
Paddington 2021

The Treasurer
Swimming Metro North East Incorporated

18 August 2020

Review of the financial position of Swimming Metro North East Incorporated (SMNE)

I have carried out a review of the attached accounts which have been presented by the Board of Swimming Metro North East Incorporated (SMNE) as representing a true and fair view of the financial position of SMNE for the period 1 April 2019 to 31 March 2020.

Following the review I confirm that nothing material has come to my attention that impacts the Boards representation that the accounts present a true and fair view of the financial position of SMNE for this period.

I would also like to highly commend you on both the approach taken to financial management and the way in which the information has been presented. Presentation of the information in this way provides the Board with a better view of the historical results and also should assist in decision making going forward.



I R England
Chartered Accountant

2019 TEAMS AND SQUADS



AUSTRALIAN TEAMS

2019 FINA WORLD CHAMPIONSHIPS – GWANGJU, SOUTH KOREA

ATHLETE	CLUB	COACH
Bronte Campbell	Knox Pymble	Simon Cusack
Cate Campbell	Knox Pymble	Simon Cusack

2019 WORLD PARA CHAMPIONSHIPS – LONDON, UK

ATHLETE	CLUB	COACH
Ellie Cole	Knox Pymble	Simon Cusack
Matt Levy	North Sydney	Stephen Badger
Tiffany Thomas-Kane	Monte	Jon Bell

2019 WORLD JUNIOR CHAMPIONSHIPS – BUDAPEST, HUNGARY

ATHLETE	CLUB	COACH
Charli Brown	Manly	Justin Rothwell
Se-Bom Lee	Carlile	Misha Payne

NEW SOUTH WALES TEAMS

TOURING TEAM

ATHLETE	CLUB	COACH
Shaun Champion	Abbotsleigh	Amanda Isaac
Natasha Ramsden	Abbotsleigh	Amanda Isaac
Edward Marks	Carlile	Adam Kable
Lewis Blackburn	Knox Pymble	Simon Cusack

SNSW STATE TEAM

ATHLETE	CLUB	ATHLETE	CLUB
Tane Bidois	Knox Pymble	Kai van Kool	Manly
Tyson Bujak-Upton	Knox Pymble	Isabella Lee	Knox Pymble
Joshua Collett	Knox Pymble	Justin Lee	Knox Pymble
Kimberley Doyle	Warringah Aquatic	Holly Nelson	Abbotsleigh
Cooper Eakin	Carlile	Goki Saito (MC)	Carlile
Zac George	Warringah Aquatic	Robert Thorpe	Carlile
Joseph Hamson	Knox Pymble	Olivia Wunsch	Carlile

NEW SOUTH WALES SQUADS

NSW SHARKS GOLD SQUAD

Name	Club	Coach
Robert Thorpe	Carlile	Misha Payne
Cooper Phillips	Carlile	Ryo Kito
Tane Bidois	Knox Pymble	Brandon Lawrence
Hayley Johnston	Knox Pymble	Brandon Lawrence
Elizabeth Gan	Knox Pymble	Leanne Speechley
Tyson Bujak-Upton	Knox Pymble	Nick Dobson
Joshua Collett	Knox Pymble	Nick Dobson
Joseph Hamson	Knox Pymble	Nick Dobson
Josslyn Wishart	Manly	Justin Rothwell
Kimberley Doyle	Warringah Aquatic	Tim Lane

NSW SHARKS SILVER SQUAD

Name	Club	Coach
Grace Michell	Abbotsleigh	Amanda Isaac
Alexandra Lawrence	Carlile	Michelle Thomas
Kaitlin Teleki	Carlile	Misha Payne
Cooper Eakin	Carlile	Ryo Kito
Robert Napoli	Carlile	Tobin Condon
Anneke van Zoggel	Carlile	Tobin Condon
Bella Zhang	Knox Pymble	Brandon Lawrence
Adriana Fydler	Knox Pymble	Leanne Speechley
Louis Bebb	Knox Pymble	Nick Dobson
Justin Lee	Knox Pymble	Nick Dobson
Toby Peknice	Knox Pymble	Nick Dobson
Samantha Hardingham	Lane Cove	Michael Jacobs
Lily Vance	Lane Cove	Michael Jacobs
Madeline Davis	Warringah Aquatic	Tim Lane

NSW GOLD PERFORMANCE SQUAD

Name	Club	Coach
Natasha Ramsden	Abbotsleigh	Amanda Isaac
Shaun Champion	Abbotsleigh	Amanda Isaac
Se-Bom Lee	Carlile	Misha Payne
Bronte Campbell	Knox Pymble	Simon Cusack
Cate Campbell	Knox Pymble	Simon Cusack
Lewis Blackburn	Ravenswood	Mitch Falvey
Jack Edie	Ravenswood	Mitch Falvey

NSW SILVER PERFORMANCE SQUAD

Name	Club	Coach
Becca St Vincent	Abbotsleigh	Amanda Isaac
Lachlan Vane-Tempest	Abbotsleigh	Amanda Isaac
Alicia Walker	Abbotsleigh	Amanda Isaac
Edward Marks	Carlile	Adam Kable
Sarah Kemp	Carlile	Misha Payne
Finn O'Connor	Carlile	Misha Payne
Cara Sutherland	Carlile	Ryo Kito
Kaea Bidois	Knox Pymble	Leanne Speechley
Thomas Peregrina	Knox Pymble	Leanne Speechley
Charli Brown	Manly	Justin Rothwell
Nick Jennens	Manly	Justin Rothwell
Kai van Kool	Manly	Justin Rothwell
Olivia Adams	Ravenswood	Adam Kable
William Yang	Ravenswood	Bobby Hurley
Myles Bailey	Ravenswood	Mitch Falvey

NSW BRONZE PERFORMANCE SQUAD

Name	Club	Coach
Holly Nelson	Abbotsleigh	Amanda Isaac
Jeremy Lagonilla	Carlile	Misha Payne
Mia Rolfe	Carlile	Misha Payne
Lexi Harrison	Carlile	Ryo Kito
Claudia Neale	Knox Pymble	Leanne Speechley
Georgia Peregrina	Knox Pymble	Leanne Speechley
Eloise Peregrina	Knox Pymble	Leanne Speechley
Isabella Riley	Knox Pymble	Leanne Speechley
Angus Menzies	Knox Pymble	Nick Dobson
Andrew Newling	Ravenswood	Mitch Falvey
Clare Robertson	Ravenswood	Mitch Falvey
Zac George	Warringah Aquatic	Tim Lane

NSW OPEN WATER PERFORMANCE SQUAD

Name	Club	Coach
Logan Kaye	Manly	Justin Rothwell
Ollie Signorini	Manly	Justin Rothwell

SNSW FLIPPERS SQUAD

Name	Club	Coach
Natasha Ramsden	Abbotsleigh	Amanda Isaac
Shaun Champion	Abbotsleigh	Amanda Isaac
Se-Bom Lee	Carlile	Misha Payne
Charlie Brown	Manly	Justin Rothwell
Myles Bailey	Ravenswood	Mitch Falvey
Lewis Blackburn	Knox Pymble	Simon Cusack

PARA PERFORMANCE SQUAD

Name	Club	Coach
Tiffany Thomas-Kane	Monte	Jon Bell
Matthew Levy	North Sydney	Stephen Badger

2019 SMNE RESULTS



SC CHAMPIONSHIP RESULTS

15 – 16 June 2019

Sydney Olympic Park Aquatic Centre

Name	Club	Result		
Karl Albertyn	Knox Pymble	Gold	13 100 Fly	59.91
		Gold	10-13 200 Breast	2:26.47
		Gold	13 100 Back	1:01.82
Ethan Bailey	Knox Pymble	Bronze	13 100 Back	1:08.22
Miles Bailey	Ravenswood	Gold	14&O 200 Back	2:01.74
		Silver	14&O 50 Free	23.42
		Silver	14&O 100 Free	49.83
		Silver	14&O 100 Back	56.05
Ellie Beck	Knox Pymble	Gold	12 100 Free	1:01.47
		Gold	10-13 200 Back	2:18.26
		Silver	12 100 Back	1:06.47
		Bronze	12 50 Free	28.30
James Bestic	Narrabeen	Bronze	11 50 Free	30.10
William Bestic	Narrabeen	Silver	10 50 Free	30.31
		Silver	10 100 Free	1:08.76
		Silver	10 50 Back	36.86
		Silver	10 100 Back	1:19.19
Luke Bibby	Carlile	Silver	Open 100 IM	55.79
		Bronze	14&O 100 Fly	55.61
Charlotte Block	Ravenswood	Bronze	13 100 Free	1:00.59
		Bronze	13 100 Fly	1:08.16
Taylor Bradac	Carlile	Silver	13 50 Free	28.28
Tyson Bujak-Upton	Knox Pymble	Bronze	14&O 100 Free	51.14
James Burt	Knox Pymble	Gold	11 100 Fly	1:13.85
		Gold	11 50 Back	35.00
		Silver	11 100 Free	1:06.93
		Silver	11 50 Fly	32.53
		Silver	11 100 Back	1:14.32
Matthew Cheng	Carlile	Silver	12 100 Free	1:00.70
		Bronze	12 50 Free	27.75
		Bronze	12 100 Back	1:09.87
Evan Chew	Knox Pymble	Bronze	10-13 200 Fly	2:39.56
Kenny Chung	Knox Pymble	Silver	12 50 Free	27.59
		Silver	12 100 Back	1:08.79
		Bronze	12 100 Free	1:01.02
Joshua Collett	Knox Pymble	Gold	14&O 100 Breast	1:02.32
		Gold	Open 50 Breast	28.79
		Gold	14&O 200 Breast	2:17.16
		Bronze	Open 50 Fly	25.72
Jack Cummins	Knox Pymble	Bronze	13 50 Free	27.77
Madeline Davis	Warringah	Bronze	13 100 Back	1:08.03
Sam Davis	Warringah	Silver	11 50 Breast	43.43
		Bronze	11 100 Breast	1:33.53
Brian De Bono	Warringah	Bronze	14&O 50 Free	23.56
Isabella Donnelley	Lane Cove	Gold	13 50 Free	28.11
		Silver	13 100 Back	1:07.88
Lukas Dunn	Knox Pymble	Gold	10 100 Fly	1:21.22
		Silver	10 50 Fly	35.08
Jack Edie	Ravenswood	Gold	14&O 50 Free	22.66
		Gold	14&O 100 Free	49.56
		Silver	Open 50 Fly	25.45
		Silver	Open 50 Back	26.64

Name	Club	Result		
Thomas Elliott	Ravenswood	Gold	Open 100 IM	55.22
		Gold	14&O 100 Fly	54.77
Kai Farrington	Narrabeen	Silver	11 100 Breast	1:31.08
Georgina Fife	Ravenswood	Gold	9 50 Breast	47.36
		Gold	9 100 Back	1:32.91
		Silver	9 50 Free	36.17
		Silver	9 100 Breast	1:45.08
		Silver	9 50 Fly	40.37
		Bronze	9 100 Free	1:22.02
		Bronze	9 50 Back	41.53
Annika Fowler	Knox Pymble	Gold	12 100 Back	1:06.40
		Silver	12 100 Free	1:01.89
		Silver	10-13 200 Back	2:19.77
Kya Furlong	Carlile	Silver	13 100 Breast	1:18.53
		Bronze	10-13 200 Breast	2:48.59
Adriana Fydler	Knox Pymble	Bronze	14&O 100 Free	57.80
		Bronze	14&O 100 Fly	1:04.26
		Bronze	14&O 100 Back	1:04.77
Elizabeth Gan	Knox Pymble	Gold	Open 50 Back	29.04
		Silver	14&O 200 Back	2:18.49
		Silver	14&O 100 Back	1:03.80
Charlize Gartner	Knox Pymble	Bronze	11 100 Fly	1:16.89
James Gauci	Carlile	Bronze	12 100 Fly	1:08.73
Chloe Gaudry	Warringah	Gold	9 100 Breast	1:38.24
Matthew Georgevits	Carlile	Gold	Open 50 Back	26.00
		Bronze	14&O 100 Back	56.23
Grace Gerreyn	Knox Pymble	Gold	12 50 Free	27.58
Nicholas Gladen	Ku-rin-gai	Silver	13 50 Free	27.59
Nathan Gladman	Knox Pymble	Bronze	12 100 Breast	1:21.07
Cameron Graham	Abbotsleigh	Bronze	13 50 Free	28.34
		Bronze	13 100 Breast	1:18.66
Piper Gregory-Reid	Knox Pymble	Gold	12 100 Breast	1:20.25
Joseph Hamson	Knox Pymble	Gold	Open 50 Fly	25.23
		Silver	14&O 100 Fly	55.06
Lexi Harrison	Carlile	Gold	14&O 200 Fly	2:22.21
		Silver	14&O 100 Breast	1:13.82
		Bronze	Open 50 Fly	29.11
Luke Higgs	Narrabeen	Bronze	11 50 Breast	43.89
Samuel Higgs	Narrabeen	Gold	10-13 200 Fly	2:24.53
		Silver	12 100 Fly	1:07.45
Isabella Johnson	Carlile	Gold	13 100 Breast	1:15.48
		Silver	10-13 200 Breast	2:45.64
Hayley Johnston	Knox Pymble	Gold	10-13 200 Fly	2:24.45
		Gold	13 100 Fly	1:02.87
		Gold	13 100 Back	1:06.42
		Silver	13 100 Free	1:00.55
Zara Kasprovicz	Warringah	Silver	11 50 Free	29.22
		Silver	11 100 Free	1:04.09
Benjamin Kim	Ravenswood	Silver	13 100 Breast	1:15.35
		Bronze	13 100 Free	58.18
		Bronze	13 100 Fly	1:04.22
		Bronze	10-13 200 Breast	2:46.94
Joseph Kim	Knox Pymble	Gold	11 50 Free	27.62
		Gold	11 100 Breast	1:18.40
		Gold	11 100 Free	1:02.18
		Gold	11 50 Fly	31.33
		Gold	11 100 Back	1:07.72
		Silver	10-13 200 Back	2:25.65
Sydney Kito	Narrabeen	Bronze	11 100 Free	1:08.50

Name	Club	Result		
Tyler Krenkels	Knox Pymble	Bronze	11 50 Fly	33.20
		Bronze	11 100 Fly	1:16.06
		Bronze	14&O 200 Back	2:02.85
		Gold	11 100 Free	1:03.14
		Silver	11 100 Fly	1:13.98
Sophie Lambourne	Narrabeen	Bronze	11 50 Free	29.61
		Bronze	11 50 Back	35.32
		Bronze	11 100 Back	1:13.93
		Gold	10 50 Breast	42.26
		Silver	10 100 Breast	1:33.57
Justin Law	Narrabeen	Bronze	10 50 Free	30.92
		Bronze	10 100 Free	1:08.97
		Bronze	10 50 Fly	35.16
		Bronze	10-13 200 Back	2:22.09
		Gold	11 50 Free	28.80
Alexandra Lawrence	Warringah	Gold	11 50 Back	32.62
		Gold	11 100 Back	1:10.56
		Silver	11 50 Fly	31.90
		Bronze	11 100 Free	1:04.11
		Bronze	11 100 Breast	1:25.44
Milla Lawrence	Warringah	Gold	11 50 Fly	31.64
		Gold	11 50 Breast	38.03
		Gold	11 100 Fly	1:12.15
		Silver	11 50 Back	33.67
		Silver	11 100 Back	1:11.78
Annika Lee	Knox Pymble	Bronze	14&O 50 Free	26.82
		Bronze	Open 50 Back	30.57
		Bronze	24&O 200 Fly	2:09.06
		Gold	9 50 Free	34.87
		Gold	9 100 Free	1:19.00
Isabella Lee	Knox Pymble	Gold	9 50 Fly	38.40
		Gold	9 100 Breast	1:44.50
		Gold	9 100 Back	1:33.09
		Bronze	9 100 Free	1:19.59
		Bronze	9 50 Back	43.06
Justin Lee	Knox Pymble	Silver	11 100 Breast	1:24.49
		Bronze	11 50 Breast	38.43
		Gold	11 100 Breast	1:23.60
		Silver	11 50 Breast	38.29
		Gold	10 50 Free	30.53
Annabelle Li	Knox Pymble	Gold	10 100 Free	1:08.04
		Gold	10 100 Back	1:19.14
		Silver	10 100 Fly	1:21.54
		Gold	10 50 Back	35.33
		Silver	10 100 Back	1:21.24
Thomas Li	Knox Pymble	Bronze	10 50 Free	31.56
		Bronze	10 100 Free	1:10.07
		Silver	12 100 Breast	1:21.00
		Bronze	11 50 Fly	33.89
		Gold	9 50 Free	31.15
Jaya Lilienthal	Knox Pymble	Gold	9 50 Fly	35.29
		Gold	9 50 Breast	44.92
		Gold	9 50 Back	39.75
		Gold	10 50 Fly	33.79
		Silver	10 50 Free	31.28
Eva Liu	Knox Pymble	Silver	10 100 Free	1:09.18
		Silver	12 100 Fly	1:14.42
		Bronze	12 100 Free	1:03.20
		Silver	14&O 200 Breast	2:19.33
		Bronze	14&O 100 Breast	1:05.28
Tribeca Liu	Knox Pymble			
Kira Long	Lane Cove			
Stela Lovrinovic Kaic	Lane Cove			
Gemma McLaren	Warringah			
Noah McLaren	Warringah			
Lillie McPherson	Brooke Withers			
Dominique Melbourn	Warringah			
Angus Menzies	Knox Pymble			

Name	Club	Result		
		Bronze	Open 50 Breast	30.33
Catherine Mikan	Narrabeen	Silver	10 50 Fly	37.36
		Bronze	10 50 Breast	43.31
Grace Michell	Abbotsleigh	Gold	14&O 200 Breast	2:38.15
		Silver	14&O 200 Fly	2:23.76
		Bronze	14&O 100 Breast	1:14.64
Hannah Morton	Knox Pymble	Gold	12 100 Fly	1:13.28
		Silver	12 50 Free	27.95
		Bronze	12 100 Back	1:11.54
Alexandra Murray	Narrabeen	Bronze	10-13 200 Fly	2:47.26
		Bronze	12 100 Breast	1:26.02
James Napoli	Carlile	Silver	12 100 Breast	1:20.99
Kate Napoli	Carlile	Silver	9 100 Free	1:19.33
		Silver	9 50 Back	41.32
		Bronze	9 50 Free	36.21
Gabrielle Naumovski	Ravenswood	Gold	Open 50 Breast	35.10
		Bronze	14&O 200 Breast	2:43.57
Claudia Neale	Knox Pymble	Gold	14&O 50 Free	25.53
		Gold	14&O 100 Free	55.91
		Gold	14&O 200 Back	2:14.59
		Gold	14&O 100 Fly	1:01.92
		Silver	Open 100 IM	1:04.38
Holly Nelson	Abbotsleigh	Silver	Open 50 Breast	35.14
Andrew Newling	Ravenswood	Bronze	Open 100 IM	57.05
Oliver Payne	Monte	Silver	11 50 Back	35.01
		Bronze	11 100 Back	1:16.57
Georgia Peregrina	Knox Pymble	Bronze	14&O 200 Back	2:18.50
Cooper Phillips	Carlile	Gold	14&O 200 Fly	2:07.18
Jaslyn Plummer	Warringah	Gold	10 100 Fly	1:21.24
		Silver	10 50 Back	36.54
Harry Politt	Lane Cove	Bronze	10 100 Breast	1:39.24
		Bronze	10 50 Breast	45.30
		Bronze	10 50 Back	37.52
		Bronze	10 100 Back	1:21.66
Marcus Primdal	Abbotsleigh	Silver	10 100 Fly	1:23.46
Natasha Ramsden	Abbotsleigh	Gold	Open 100 IM	1:03.53
		Gold	14&O 100 Back	1:03.62
		Silver	14&O 100 Fly	1:02.76
		Silver	Open 50 Back	29.49
Eloise Riley	Knox Pymble	Gold	14&O 100 Breast	1:12.28
		Silver	14&O 50 Free	25.92
		Silver	14&O 100 Free	56.38
Chantelle Ritchie	Carlile	Bronze	14&O 200 Fly	2:25.18
Zalia Ritchie	Carlile	Bronze	10 100 Breast	1:35.87
		Bronze	10 100 Fly	1:25.40
Zoe Scholtens	Narrabeen	Bronze	12 100 Fly	1:14.72
Bandon Shi	Carlile	Gold	13 100 Breast	1:13.91
		Silver	10-13 200 Fly	2:29.28
		Silver	13 100 Free	58.13
		Silver	13 100 Fly	1:04.01
Nick Shi	Ravenswood	Gold	11 50 Breast	43.14
Chole Small	Ravenswood	Gold	Open 50 Fly	28.90
Alexander Smith	Narrabeen	Gold	12 50 Free	27.34
		Gold	12 100 Breast	1:18.28
		Gold	12 100 Free	59.47
		Gold	12 100 Fly	1:04.04
		Gold	12 100 Back	1:07.03

Name	Club	Result		
		Bronze	10-13 200 Back	2:26.35
Antigone Sotiropoulos	Narrabeen	Silver	10 100 Breast	1:31.19
		Silver	10 50 Breast	42.39
Georgia Sotiropoulos	Narrabeen	Gold	10 100 Breast	1:29.59
		Gold	10 50 Breast	41.00
		Bronze	10 50 Fly	37.53
		Bronze	10 50 Back	37.70
		Bronze	10 100 Back	1:21.31
Samuel Tan	Knox Pymble	Silver	9 100 Breast	1:45.38
Hugh Taylor	Narrabeen	Bronze	9 50 Free	33.49
		Bronze	9 50 Fly	39.75
Nathan Thomas	Knox Pymble	Gold	10 50 Fly	33.75
		Gold	10 50 Back	33.89
		Gold	10 100 Back	1:17.75
		Silver	10 50 Breast	43.66
		Bronze	10 100 Fly	1:25.85
Rhys Thomas	Narrabeen	Silver	11 50 Free	29.99
		Silver	11 100 Fly	1:15.15
		Bronze	11 50 Back	36.14
Samuel Thorpe	Carlile	Silver	10-13 200 Breast	2:42.56
		Bronze	100 Breast	1:19.08
Anika Townley	Carlile	Bronze	Open 50 Breast	35.22
Kai Van Kool	Manly	Gold	14&O 200 Back	2:01.74
		Gold	14&O 100 Back	56.01
		Silver	Open 50 Back	26.64
Anneke Van Zoggel	Carlile	Silver	Open 50 Fly	29.04
Thomas Wait	North Sydney	Gold	13 50 Free	26.33
		Gold	13 100 Free	57.74
		Gold	10-13 200 Back	2:18.84
		Silver	13 100 Back	1:03.40
Christine Washer	Manly	Silver	14&O 200 Breast	2:41.45
		Bronze	Open 100 IM	1:06.79
Maile Wilson	Knox Pymble	Gold	9 50 Back	39.77
Jasen Winny	Carlile	Silver	14&O 200 Fly	2:07.33
Tobias Woolnough	Narrabeen	Silver	9 100 Free	1:18.33
		Silver	9 50 Breast	48.00
		Silver	9 50 Back	40.04
		Bronze	9 100 Breast	1:47.92
Olivia Wunsch	Carlile	Gold	13 100 Free	58.62
		Silver	10-13 200 Fly	2:25.90
		Silver	13 100 Fly	1:03.19
Ryan Yü	Warringah	Silver	14&O 100 Breast	1:04.80
		Bronze	14&O 200 Breast	2:20.52
Bella Zhang	Knox Pymble	Gold	10-13 200 Breast	2:42.59
Dylan Zhang	Knox Pymble	Silver	Open 50 Breast	29.88
Owen Zhang	Abbotsleigh	Gold	9 100 Free	1:17.08
		Silver	9 50 Free	33.32
		Silver	9 50 Fly	37.63
Dylan Zhou	Monte	Gold	10 50 Free	30.19
		Gold	10 100 Breast	1:31.17
		Gold	10 100 Free	1:07.92

LC CHAMPIONSHIP RESULTS

9 - 10 November 2019

Sydney Olympic Park Aquatic Centre

Name	Club	Result		
Karl Albertyn	Knox Pymble	Gold	10-13 200 Fly	2:19.29
		Gold	13 50 Free	25.41
		Gold	13 100 Free	55.84
		Gold	10-13 200 IM	2:15.70
		Gold	13 100 Fly	58.98
		Gold	10-13 200 Breast	2:32.10
		Gold	13 100 Back	1:07.27
		Silver	13 100 Breast	1:12.82
Riley Allsop	Abbotsleigh	Bronze	11 100 Back	1:19.64
Skye Arnold	Carlile	Bronze	12 100 Breast	1:26.21
		Bronze	12 100 Back	1:14.02
Eric Bahan	Carlile	Gold	Open 50 Back	28.45
		Gold	15&O 100 Back	1:01.52
Ellie Beck	Knox Pymble	Gold	10-13 200 Back	2:22.64
		Gold	Open 50 Back	30.99
		Gold	13 100 Back	1:06.93
		Silver	10-13 200 Free	2:15.27
		Bronze	10-13 200 IM	2:34.69
William Bestic	Narrabeen	Silver	10&U 50 Free	30.54
		Silver	10&U 100 Back	1:18.15
		Bronze	10&U 100 Free	1:08.17
Kaea Bidois	Knox Pymble	Gold	15&O 50 Free	23.07
		Silver	15&O 100 Free	52.96
Charlotte Block	Ravenswood	Gold	13 100 Fly	1:08.60
Sophie Boden	Abbotsleigh	Gold	14 50 Free	27.58
		Silver	14 100 Free	1:01.47
		Bronze	14 100 Fly	1:11.74
Samara Bond	Knox Pymble	Bronze	12 50 Free	29.95
Mia Burdack	Carlile	Gold	12 100 Breast	1:23.15
James Burt	Knox Pymble	Gold	11 100 Back	1:14.85
		Silver	11 100 Fly	1:14.30
		Bronze	11 50 Free	30.22
		Bronze	11 100 Breast	1:36.64
Jemma Chamberlain	Abbotsleigh	Bronze	13 100 Breast	1:20.80
Shaun Champion	Abbotsleigh	Gold	14&O 200 Fly	2:06.43
		Gold	15&O 100 Free	52.37
		Gold	14&O 200 IM	2:11.88
		Gold	15&O 100 Fly	55.57
Matthew Cheng	Carlile	Bronze	13 100 Free	1:00.43
		Bronze	13 50 Free	27.26
Kenny Chung	Knox Pymble	Bronze	13 100 Back	1:08.39
Cassie Clark	Warringah	Gold	14&O 200 Back	2:24.67
Joshua Collett	Knox Pymble	Gold	14&O 200 Breast	2:25.44
		Gold	14&O 200 Free	1:58.94
		Silver	15&O 100 Back	1:02.04
Lirra Conybeare-Yamaguchi	Willoughby	Gold	11 100 Fly	1:15.88
Madeline Davis	Warringah	Bronze	10-13 200 Back	2:31.23
		Silver	13 100 Back	1:10.07
Zannah Dixon	Narrabeen	Silver	12 100 Back	1:13.49
Isabella Donnelley	Lane Cove	Gold	13 100 Back	1:08.63
		Bronze	13 100 Free	1:02.59
		Bronze	13 100 Breast	1:23.24

Name	Club	Result		
Aidan Dow	Lane Cove	Bronze	15&O 100 Back	1:03.07
Lukas Dunn	Knox Pymble	Silver	10&U 100 Fly	1:17.91
		Bronze	10&U 50 Free	30.71
Zeke Farrow	Carlile	Bronze	14 100 Breast	1:17.62
Matthew Flaherty	Ravenswood	Silver	15&O 50 Free	23.63
Annika Fowler	Knox Pymble	Gold	12 100 Back	1:07.45
		Silver	12 100 Free	1:02.89
		Silver	10-13 200 Back	2:23.93
Aria Furlong	Manly	Silver	10&U 100 Breast	1:34.40
Kya Furlong	Carlile	Gold	13 100 Breast	1:20.68
Adriana Fydler	Knox Pymble	Gold	14&O 100 Back	1:07.09
		Silver	14&O 200 Free	2:08.47
		Bronze	15&O 100 Free	59.50
		Bronze	14&O 200 IM	2:27.76
James Gauci	Carlile	Silver	13 50 Free	27.24
		Bronze	10-13 200 Fly	2:30.36
Grace Gerreyn	Knox Pymble	Silver	13 50 Free	27.38
		Bronze	13 100 Free	1:02.00
		Bronze	13 100 Fly	1:08.01
Felisa Gonzalo	Manly	Bronze	11 50 Free	29.85
		Bronze	11 100 Fly	1:18.09
Xander Halfen	EzySwim	Silver	12 100 Back	1:16.60
Samantha Hardingham	Lane Cove	Gold	14 100 Free	59.27
		Silver	14 50 Free	27.71
		Bronze	14&O 200 Free	2:08.98
Benjamin Harris	Carlile	Silver	14 50 Free	25.64
		Silver	14 100 Free	56.02
		Bronze	14 100 Fly	1:02.95
Lexi Harrison	Carlile	Gold	14&O 200 IM	2:24.05
		Silver	14&O 200 Breast	2:47.61
		Bronze	15&O 100 Breast	1:17.29
Luke Higgs	Narrabeen	Silver	11 100 Free	1:05.90
		Bronze	11 100 Fly	1:15.60
Samuel Higgs	Narrabeen	Silver	10-13 200 Fly	2:26.96
		Bronze	13 100 Fly	1:08.28
Isabella Johnson	Carlile	Gold	13 100 Breast	1:12.55
		Gold	10-13 200 Breast	2:43.07
Joshua Johnson	Knox Pymble	Silver	15&O 100 Fly	57.71
		Bronze	14&O 200 Fly	2:12.84
Hayley Johnston	Knox Pymble	Silver	10-13 200 Fly	2:29.73
		Silver	13 100 Fly	1:07.53
Jeremy Jubb	Knox Pymble	Gold	12 100 Fly	1:11.35
		Bronze	12 100 Free	1:05.90
Edward Kang	Lane Cove	Gold	12 100 Breast	1:20.61
		Gold	12 100 Back	1:13.26
		Bronze	12 100 Fly	1:12.21
Susanna Kang	Lane Cove	Silver	10&U 100 Free	1:09.21
		Silver	10&U 100 Back	1:23.16
		Bronze	10&U 50 Free	31.43
Zara Kasproicz	Warringah	Gold	11 50 Free	28.62
		Gold	11 100 Free	1:04.85
		Silver	11 100 Back	1:13.35
Joshua Kerr	Warringah	Bronze	13 100 Breast	1:14.55
Benjamin Kim	Ravenswood	Gold	14 100 Breast	1:16.59
		Silver	14 100 Fly	1:02.55
		Bronze	14 100 Free	58.33
Joseph Kim	Knox Pymble	Gold	11 50 Free	27.65
		Gold	11 100 Fly	1:07.88

Name	Club	Result		
Elizabeth Kitcher	Carlile	Gold	11 100 Free	1:02.31
		Silver	10-13 200 Back	2:30.54
		Gold	14&O 200 Breast	2:47.22
		Bronze	Open 50 Breast	36.20
Tyler Krenkels	Knox Pymble	Silver	14&O 200 Back	2:13.48
Chole Kwan	Knox Pymble	Silver	14 100 Breast	1:22.10
Sophie Lambourne	Ryde Carlile	Bronze	12 100 Free	1:03.75
		Bronze	12 100 Fly	1:15.21
Justin Law	Narrabeen	Gold	11 100 Breast	1:33.74
		Silver	11 50 Free	29.96
		Bronze	11 100 Free	1:06.34
Alexandra Lawrence	Carlile	Silver	14 100 Fly	1:10.37
		Bronze	14 100 Back	1:11.57
Milla Lawrence	Warringah	Gold	11 100 Breast	1:25.31
		Gold	11 100 Back	1:10.31
		Silver	11 50 Free	29.28
		Silver	11 100 Free	1:04.90
Brian Lee	Knox Pymble	Silver	12 100 Breast	1:22.05
Justin Lee	Knox Pymble	Silver	14&O 200 Fly	2:08.53
		Silver	15&O 100 Breast	1:08.01
		Bronze	14&O 200 Back	2:14.46
Remy Lennon	Willoughby	Gold	10-13 200 Back	2:24.79
		Silver	13 100 Back	1:07.40
		Silver	10-13 200 Free	2:13.59
Annabelle Li	Knox Pymble	Silver	10 100 Fly	1:34.91
William Li	Knox Pymble	Silver	11 100 Breast	1:34.98
Jaya Lilienthal	Knox Pymble	Silver	11 100 Breast	1:27.60
		Bronze	11 100 Breast	1:06.91
Kai Lilienthal	Knox Pymble	Gold	14 50 Free	25.24
		Gold	Open 50 Fly	26.47
		Gold	14 100 Free	55.89
		Gold	14 100 Fly	59.21
		Bronze	14 100 Back	1:03.80
Kira Long	Lane Cove	Gold	10&U 100 Back	1:21.89
		Silver	10&U 50 Free	31.09
		Bronze	10&U 100 Free	1:10.54
Ruby Lovell	Warringah	Silver	12 100 Fly	1:14.82
Stela Lovrinovic Kaic	Lane Cove	Silver	12 100 Breast	1:23.81
		Silver	12 50 Free	29.80
Grace Macdonagh	Willoughby	Bronze	11 100 Breast	1:30.04
Oliver Macdonagh	Willoughby	Silver	14 100 Breast	1:17.48
Noah McLaren	Warringah	Silver	10&U 100 Free	1:08.16
Lillie McPherson	Brooke Withers	Silver	11 100 Fly	1:16.80
Angus Menzies	Knox Pymble	Gold	15&O 100 Breast	1:07.46
		Silver	Open 50 Breast	30.92
Grace Michell	Abbotsleigh	Silver	14&O 200 Fly	2:23.00
Christopher Montana	Knox Pymble	Silver	10&U 100 Breast	1:29.15
Jessica Montgomery	Manly	Bronze	10-13 200 Breast	2:54.79
Finn Morton	Knox Pymble	Bronze	10&U 100 Fly	1:25.60
		Bronze	10&U 100 Back	1:19.69
Hannah Morton	Warringah	Gold	12 100 Fly	1:10.20
		Gold	12 50 Free	28.26
		Gold	12 100 Free	1:02.65
Alexandra Murray	Narrabeen	Bronze	10-13 200 Fly	2:45.04
Robert Napoli	Carlile	Bronze	14&O 200 Breast	2:29.65
Gabrielle Naumovski	Ravenswood	Gold	Open 50 Breast	34.94
		Silver	15&O 100 Breast	1:16.88
		Bronze	14&O 200 Breast	2:48.52

Name	Club	Result		
Holly Nelson	Abbotsleigh	Silver	15&O 50 Free	26.55
Christopher Ng	Knox Pymble	Silver	12 100 Free	1:05.89
		Bronze	12 50 Free	29.27
Freddie O'Hara	Abbotsleigh	Bronze	10&U 100 Breast	1:30.02
Kevin Park	Lane Cove	Gold	12 50 Free	28.67
		Gold	12 100 Free	1:03.51
Georgia Peregrina	Knox Pymble	Bronze	14&O 200 Back	2:25.74
Cooper Phillips	Carlile	Gold	14&O 200 IM	2:12.95
Jaslyn Plummer	Warringah	Gold	10&U 50 Free	29.94
		Gold	10&U 100 Free	1:07.40
		Bronze	10&U 100 Breast	1:36.16
Natasha Ramsden	Abbotsleigh	Gold	15&O 50 Free	25.89
		Gold	Open 50 Fly	27.84
		Gold	15&O 100 Free	57.87
James Richardson	Narrabeen	Bronze	11 100 Back	1:20.63
Zalia Ritchie	Carlile	Gold	10&U 100 Breast	1:32.19
		Gold	10&U 100 Fly	1:18.55
		Bronze	10&U 100 Back	1:28.59
Lachlan Roche	Ku-ring-gai	Silver	14 100 Back	1:03.74
		Bronze	14 50 Free	26.31
		Bronze	Open 50 Back	29.60
Clare Robertson	Ravenswood	Gold	14&O 200 Free	2:07.93
		Silver	15&O 100 Free	59.29
		Bronze	15&O 50 Free	26.95
		Bronze	Open 50 Back	31.40
Christine Ruff	Ku-ring-gai	Bronze	14 50 Free	28.27
Riley Schwarz	Narrabeen	Bronze	Open 50 Fly	26.82
		Bronze	15&O 100 Fly	59.24
Bailey Screen	Willoughby	Gold	13 100 Breast	1:10.99
		Silver	10-13 200 IM	2:23.71
		Silver	10-13 200 Breast	2:34.79
Gabriella Shilling	Abbotsleigh	Silver	14 100 Back	1:10.31
Chloe Small	Ravenswood	Silver	Open 50 Fly	29.44
		Silver	15&O 100 Fly	1:05.96
Alexander Smith	Warringah	Gold	10-13 200 Free	2:07.33
		Silver	13 100 Free	1:00.11
		Silver	13 100 Fly	1:04.96
		Bronze	10-13 200 Back	2:32.59
		Bronze	10-13 200 IM	2:26.10
Joshua Smith	Warringah	Silver	Open 50 Back	29.39
		Bronze	14&O 200 Free	2:00.41
Maya Sobrino	Carlile	Bronze	10-13 200 Free	2:15.31
Rhys Thomas	Warringah	Silver	12 50 Free	29.10
Hudson Thompson	Lane Cove	Silver	11 100 Back	1:19.40
Robert Thorpe	Carlile	Gold	14 100 Back	1:03.52
		Silver	14&O 200 Free	1:59.91
		Bronze	14&O 200 IM	2:13.25
Samuel Thorpe	Carlile	Bronze	10-13 200 Breast	2:43.10
		Bronze	10-13 200 Free	2:13.94
Lily Vance	Lane Cove	Bronze	15&O 100 Back	1:07.82
Kai Van Kool	Manly	Gold	14&O 200 Back	2:09.53
Anneke Van Zoggel	Carlile	Silver	14&O 200 Back	2:24.94
		Silver	Open 50 Back	31.01
		Silver	15&O 100 Back	1:07.66
		Bronze	14&O 200 Fly	2:25.83
		Bronze	Open 50 Fly	29.56
		Bronze	15&O 100 Fly	1:06.17
Lachlan Vane-Tempest	Abbotsleigh	Silver	Open 50 Fly	26.57

Name	Club	Result		
Taixin Wang	Knox Pymble	Bronze	15&O 50 Free	23.90
		Bronze	15&O 100 Free	54.46
Emile Washer	Abbotsleigh	Gold	14&O 200 Fly	2:20.10
		Gold	15&O 100 Breast	1:15.01
		Gold	15&O 100 Fly	1:03.84
		Silver	14&O 200IM	2:26.80
Olivia Wunsch	Carlile	Gold	13 100 Free	59.49
		Gold	10-13 200 Fly	2:23.57
		Gold	13 50 Free	26.73
		Gold	13 100 Fly	1:03.73
		Gold	10-13 200 Free	2:10.90
		Silver	10-13 200 IM	2:30.15
Evan Yueh	Knox Pymble	Bronze	12 100 Breast	1:22.75
Justin Yi	Carlile	Silver	12 100 Fly	1:11.55
		Bronze	12 100 Back	1:17.39
Ryan Yii	Warringah	Silver	14&O 200 Breast	2:26.03
		Bronze	15&O 100 Breast	1:08.29
		Bronze	Open 50 Breast	30.95
Bella Zhang	Knox Pymble	Gold	10-13 200 IM	2:27.34
		Silver	13 100 Free	1:01.46
		Silver	13 100 Breast	1:17.95
		Silver	Open 50 Breast	35.37
		Silver	10-13 200 Breast	2:45.78
		Bronze	13 50 Free	27.87
		Bronze	13 100 Back	1:10.50
		Bronze	13 199 Fly	1:08.01
Dylan Zhang	Knox Pymble	Gold	Open 50 Breast	30.48
Dylan Zhou	Monte	Gold	10&U 100 Breast	1:28.54
		Gold	10&U 50 Free	29.44
		Gold	10&U 100 Free	1:06.22
		Gold	10&U 100 Fly	1:16.65
		Gold	10&U 100 Back	1:17.18

SPONSORS

We would like to thank the Greengate Hotel, Killara for their ongoing support.



SWIMMING METRO NORTH EAST

<https://smne.swimming.org.au/>

