



OCTOBER 2020 ISSUE 1

NEWSLETTER

SWIMMING METRO NORTH EAST

UPCOMING EVENTS COMPETITION

NOV 1st

SMNE LC LONG DISTANCE
CHAMPIONSHIPS – Lane Cove
Aquatic Centre, Outdoor 50m Pool

Entries Open WEDNESDAY October 14th
More information [HERE](#)

NOV 14th-15th

SMNE LC SUMMER
CHAMPIONSHIPS – SOPAC
Entries Open SATURDAY October 24th
More information [HERE](#)

Entries will be limited to the
capacity restrictions of the venue.
Make sure your membership is
current to ensure you don't miss out.



As SMNE resume competitions, it is important that all attendees have a level of responsibility for their own welfare as well as that of others around them by following instructions and restrictions in place when attending SMNE events. This includes providing contact details, assuring you are well and practicing good hygiene.

There will be changes in the way upcoming SMNE events will run and we will communicate these changes in the coming weeks.

We sincerely thank you for your patience and hope to work with you as a team for the sport to move forward and for our swimmers to have the much needed opportunity to validate their hard training in a competition environment.

WELCOME WSC

We welcome the NEW Wenona Swim Club (WSC) into the SMNE Area.

The Wenona Swim Club is a community based club open to Wenona School students and members of the public, lead by Head Coach, Michael Creighton.

The club caters to all swimmers through to elite level in both able bodied and Multi Class (MC). The club is supported by a year round squad based program operating on the school premises in a new state-of-the-art 25 metre pool in Miller St, North Sydney. For more information on the Squad program please visit the Website [HERE](#)



TO DO



**KEEP UP TO DATE ON ALL SWIMMING
EVENTS AND NEWS BY FOLLOWING
NSW SWIMMING ON SOCIAL MEDIA.**



**HAVE A SWIM AT IN THE NEW LANE COVE
AQUATIC CENTRE OUTDOOR 50m POOL!**



**START YOUR TECHNICAL OFFICIAL JOURNEY
FREE ONLINE COURSES AVAILABLE [HERE](#)**



**DOWNLOAD THE SMNE CONTACT TRACING
APP - SERVICE NSW [HERE](#) ... PRIOR TO OUR
MEETS**

SMNE HI-VIS MARSHALL VESTS



As part of our COVID Safety Plan, SMNE will be providing Hi-Vis Vests to SMNE Clubs for COVID Marshalls to wear at Club and SMNE events.

JOIN THE SMNE BOARD

We have a vacancy on the SMNE Board for the role of **Development Convenor**. If you are interested in shaping the direction of SMNE, please write to Amanda at secretary@smne.org.au.

