



**SWIMMING METRO NORTH EAST Inc.**  
**2020 COMBINED SMNE 13-U SPEEDO HEATS & SPRINT MEET**  
**SATURDAY 1st FEBRUARY 2020**

**Sydney Olympic Park Aquatic Centre, Homebush**

**ENTRIES**

**Individuals:** \$7.00 per event - **ONLINE ENTRIES**

(includes Admission and downloadable Program)

Non-registered swimmers contact: meetdirector@smne.org.au

^ 200IM entries accepted only if swimmer meets QT

Maximum of 5 individual events per swimmer

**Clubs:**

\$15.00 per relay - (e-file to: meetdirector@smne.org.au)

Maximum of two relay teams per club per relay event

**RULES**

SNSW approved meet under SNSW Ltd rules

SAL Safe Sport Framework applies to all meet attendees

SNSW Spectator/Parent Behaviour Etiquette applicable

Entries accepted from SMNE Area

Only swimmers, coaches, technical officials and timekeepers are permitted on pool deck.

Backstroke ledges will not be used at this meet.

SAL rules apply for Multi Class (MC) swimmers

MC swimmers to enter on Q.T. or actual times

Clubs will be asked to assist with timekeeping & other duties

All events are timed finals

Swimming NSW no refund policy applies to SMNE Meets

**MEET DIRECTOR**

Reserves the right to vary the program

Enquiries: [meetdirector@smne.org.au](mailto:meetdirector@smne.org.au)

Swimmers entries are accepted on the basis that a parent or guardian timekeeps, officiates, or assists as requested to help run the meet.

**MEET CLOSING DATE**

**FRIDAY 17 January 2020 at midnight**

(unless maximum entry limit reached prior)

**NO LATE ENTRIES ACCEPTED UNDER ANY CIRCUMSTANCES**

**AGE**

As at 1 February 2020

**AWARDS**

*Individual Events:* 1st, 2nd, 3rd ribbons awarded for each age except in 10-13 200IM event (only 1st, 2nd, 3rd overall)

*Relay Events:* 1st, 2nd, 3rd ribbons awarded

*Competitor Ribbon:* One awarded to each competitor

**IMPORTANT NOTES**

\* Any swimmer who has qualified for the 2020 National Age Champs are ineligible to compete (don't enter any events, **no refund if you do**)

\* State Medallists in the 2019 SNSW LC State Age Champs are ineligible to compete in that 50m stroke (don't enter if ineligible)

\* Swimmers do not need to be registered to compete in 50m events, however registration is required to compete in Speedo Finals

**POOLS**

50m Competition Pool and 25m warm up/swim down pool

**RESULTS**

Uploaded to Swim Central & published on SMNE website

**ADMISSION - Free**

Meet programs available for download

SATURDAY 1st FEBRUARY 2020 (warm up 8.00am) START: 9.00am							
NB: There will be a short lunch break half way through the program, time to be announced on the day							
Boys	Girls	Age	Event	Boys	Girls	Age	Event
1	2	10-11	100m Backstroke	19	20	8-10	50m Backstroke
3	4	12-13	100m Backstroke	21	22	11-13	50m Backstroke
5	6	8-10	50m Breaststroke	23	24	11/U	4x50m Free Relay
7	8	11-13	50m Breaststroke	25	26	12/13	4x50m Free Relay
9	10	10-11	100m Butterfly	27	28	10-11	100m Breaststroke
11	12	12-13	100m Butterfly	29	30	12-13	100m Breaststroke
13	14	10-13	200m Ind Medley ^QT 3:05	31	32	8-10	50m Butterfly
15	16	8-10	50m Freestyle	33	34	11-13	50m Butterfly
17	18	11-13	50m Freestyle	35	36	8-10	100m Freestyle
				37	38	11-13	100m Freestyle

**NB: Maximum of 5 individual entries per swimmer**