



SWIMMING METRO NORTH EAST Inc.

2019 SMNE SUMMER CHAMPIONSHIPS

9th and 10th NOVEMBER 2019

Sydney Olympic Park Aquatic Centre, Homebush

ENTRIES

Individuals: \$7.50 per event - **ONLINE ENTRIES ONLY**

(includes Admission and downloadable Program)

Enter via link on SMNE website at: www.smne.org.au

Clubs:

\$15.00 per relay - (online or efile to meetdirector@smne.org.au)

Maximum of 4 relay teams per club per relay event

Clubs to pay relay entry fee by EFT (details SMNE website)

NO LATE ENTRIES ACCEPTED

RULES

SNSW approved meet under SNSW Ltd rules

SAL Safe Sport Framework applies to all meet attendees

SNSW Spectator/Parent Behaviour Etiquette applicable

Entries accepted from SMNE Area and invited Clubs

Only swimmers, coaches, technical officials and timekeepers are permitted on pool deck.

SAL rules apply for Multi Class (MC) swimmers

MC swimmers to enter on Q.T. or actual times

Both SC and LC times from approved meets accepted

Clubs will be asked to assist with timekeeping & other duties

All events are timed finals

Swimming NSW no refund policy applies to SMNE Meets

ADMISSION - Free

Meet programs available for download

MEET CLOSING DATE

11:59pm FRIDAY 25 OCTOBER 2019

(unless maximum entry limit reached prior)

AGE

As at 9 November 2019

Minimum age for championship events is 9 yrs.

AWARDS

Age Champions: Certificates awarded for each age group

9yrs to 15/O (relays do not score points for individuals)

Individual Events: Medals awarded to placegetters for each age in dual-age group events (11/12 and 13/14).

For the 10/U, 14/O, 15/O, 10-13 and Open events, there is one set of medals for the 1st, 2nd, 3rd placegetters in each event.

Relay Events: Ribbons awarded to 1st, 2nd, 3rd placegetters.

MEET DIRECTOR

Reserves the right to vary the program

Enquiries: meetdirector@smne.org.au

Swimmers entries are accepted on the basis that a parent or guardian timekeeps, officiates, or assists as requested to help run the meet.

POOL

50m Competition Pool and 25m warm up/swim down pool

RESULTS

Uploaded to Results Central & published on SMNE website

SATURDAY 9th NOVEMBER 2019				
(warm-up 10.30am) START 11:30am				
SESSION 1				
Boys	Girls	Age	Events	Q.T.
1	2	14/O	200m Butterfly	2:50.00
3	4	10-13	200m Butterfly	3:05.00
5	6	15/O	100m Breaststroke	1:30.00
7	8	13/14	100m Breaststroke	1:35.00
9	10	11/12	100m Breaststroke	1:39.00
11	12	10/U	100m Breaststroke	1:45.00
13	14	15/O	50m Freestyle	31.00
15	16	13/14	50m Freestyle	32.00
17	18	11/12	50m Freestyle	34.00
19	20	10/U	50m Freestyle	37.00
21	22	14/O	200m Backstroke	2:50.00
23	24	10-13	200m Backstroke	2:58.00
25	26	13/O	4x50m Medley Relay	2:20.00
27	28	12/U	4x50m Medley Relay	2:40.00
29	30	Open	50m Butterfly	36.00
31	32	15/O	100m Freestyle	1:08.00
33	34	13/14	100m Freestyle	1:11.00
35	36	11/12	100m Freestyle	1:16.00
37	38	10/U	100m Freestyle	1:20.00

SUNDAY 10th NOVEMBER 2019				
(warm-up 8.00am) START 9.00am				
SESSION 2				
Boys	Girls	Age	Events	Q.T.
39	40	14/O	200m Ind. Medley	2:45.00
41	42	10-13	200m Ind. Medley	2:55.00
43	44	Open	50m Breaststroke	38.00
45	46	15/O	100m Butterfly	1:17.00
47	48	13/14	100m Butterfly	1:20.00
49	50	11/12	100m Butterfly	1:27.00
51	52	10/U	100m Butterfly	1:34.00
53	54	Open	50m Backstroke	36.00
55	56	13/O	4x50m Free Relay	2:00.00
57	58	12/U	4x50m Free Relay	2:20.00
<i>Lunch break</i>				
59	60	14/O	200m Breaststroke	3:12.00
61	62	10/13	200m Breaststroke	3:27.00
63	64	15/O	100m Backstroke	1:17.00
65	66	13/14	100m Backstroke	1:20.00
67	68	11/12	100m Backstroke	1:27.00
69	70	10/U	100m Backstroke	1:30.00
71	72	14/O	200m Freestyle	2:23.00
73	74	10-13	200m Freestyle	2:33.00